



Because YOU Matter!

Trumbull County Wellness Committee Meeting Summary Thursday, December 10, 2020

The Trumbull County Wellness Committee met on Thursday, December 10, 2020, via Zoom. Those in attendance included:

Jenna Amerine, TCCHD, Chairperson
Mitzi Sabella, Planning Commission
Brittainy Norris, UHC
Angie Mackey, UHC
Barb Vingle, Auto Title

Chairperson, Jenna Amerine called the meeting to order at 3:00 p.m.

I. Old Business

Wellness Plan

Jenna Amerine reported the following:

- A final reminder to complete Rally Mission went out in December
- In January, we will promote Rally Drawing, and start the Steps Climb Challenge. The Steps Climb Challenge will run January – March 2021, individually for 12 weeks. Can use ASCEND App or by paper (total steps = No. of flights)
- In January Promote Rally Drawing
- Start Steps Climb Challenge:
 - Climb Challenge January – March 2021
 - Use ASCEND App or by paper (total steps = # flights)
 - Individually for 12 weeks
 - Will offer drawing at 6 weeks and at 12 weeks with top five at end awarded.
- Rally Promotion 2020 - Prizes will be 3 \$500 gift cards
- UHC/Optum Biometric screenings for 2021
- Approved May 13, 2021 at Administration Building
- UHC will provide small incentives for all who attend and a raffle prize.
- Drawing for 5 \$15 gift cards.
- Real Appeal is going well, with 4 people joining in the last quarter, and they are staying engaged

- Discussion of website – tcwellness.co.trumbull.oh.us (postponed to 2021)

The next Wellness Committee Meeting will be on January 14, 2021, at 3:00 p.m. via Zoom.

II. Adjournment

There being no further business, the meeting was adjourned at 3:25 p.m.

mas